

## Thrive: Develop Your Capacities to Thrive in Turbulence

### Programme planning 2024

Month	Session	Day	Date	Length	Time (CET)
Dec 2023	Break				
	Foundation – Step in	Tue	12/12	2 hrs	15:30 – 17:30
Jan 2024					
	Masterclass	Tue	9/1	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	24/1	1 ½ hrs	16:00 – 17:30
Feb 2024					
	Masterclass	Tue	6/2	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	28/2	1 ½ hrs	16:00 – 17:30
Mar 2024					
	Masterclass	Tue	12/3	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	27/3	1 ½ hrs	16:00 – 17:30
Apr 2024					
	Masterclass	Tue	2/4	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	17/4	1 ½ hrs	16:00 – 17:30
May 2024					
	Masterclass	Tue	14/5	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	29/5	1 ½ hrs	16:00 – 17:30
June 2024					
	Masterclass	Tue	11/6	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	26/6	1 ½ hrs	16:00 – 17:30
July 2024					
	Masterclass	Tue	2/7	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	10/7	1 ½ hrs	16:00 – 17:30
Aug 2024	Break				
Sept 2024					
	Masterclass	Tue	10/9	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	25/9	1 ½ hrs	16:00 – 17:30
Oct 2024					
	Masterclass	Tue	1/10	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	16/10	1 ½ hrs	16:00 – 17:30
Nov 2024					

	Masterclass	Tue	5/11	2 ½ hrs	15:30 – 18:00
	Enrichment Session	Wed	20/11	1 ½ hrs	16:00 – 17:30
Dec 2024	Break				